



PLAY HARD LEAGUE RULES

40 Minute Running Clock Games – Players rotate approximately every 5 minutes (Clock Stops But This Is Not a Timeout)

Team With The Ball At Substitutions Receive the Ball at Half Court To Initiate Play

1ST-4th Grade Boys Leagues and Girls Leagues will play with 28.5 ball

5th-6th Grade Boys League will play with official ball

6th-8th Grade Boys League will play with official ball

Clock will stop on all whistles in the last Minute of the game

Pressing Rule & Stealing Rules:

ACC League & WNBA – No Stealing until last 2 minutes Press & Steal (Move to 5 Minutes When Ready)

Big 10 League – Stealing allowed - Press last 5 minutes (Will be extended to 10 minutes)

NBA Leagues – No press for 20 minutes (Will be extended to full game)

FOUL RULES BEFORE LAST MINUTE OF THE GAME

Shooting Fouls Result in one Free Throw for 2 Points

Made Shot and Foul Result in Automatic 3 Points

Common Foul – Take Ball Out of Bounds

FOULS IN LAST MINUTE

Shooting Fouls Result in 2 shots

Made Shot and Foul – 1 shot

Common Foul – 1 shot and bonus

**Overtime will be one minute long with clock stopping on all whistles IF TIME ALLOWS.
If time does not allow – will play sudden death**

Timeouts – Coaches can use timeout if necessary and each coach receives one timeout in last 2 minutes of the game if necessary

Regular IHSA Rules Apply if not otherwise noted

**ALL FINAL DECISIONS ARE MADE BY THE LEAGUE DIRECTORS – DAVID
ADELMAN / JARED ASHE**