

# REDLINE ATHLETICS®

## YOUTH ATHLETIC TRAINING CENTERS

### Thanksgiving Break Basketball Camp

Incredible opportunity for ALL BASKETBALL PLAYERS to get professional skill training, speed & agility work, and strength training. Coach David Adelman brings 25+ years of college and youth coaching experience to the skill development side. RedLine helps deliver unparalleled athletic performance training to every athlete in the program.

Each position-specific group will receive 60 minutes of skill development and 60 minutes of basketball-specific strength and agility training!

**18 athletes max per session!**

Limited spots available so email or call RedLine Athletics ASAP to reserve yours!



#### Coach Adelman's Background:

- Teaching the game of basketball to kids since 1990.
- Coached at high school, collegiate, and professional level
- His program serves over 1000 families in the area.
- Coaches both boys and girls disciplines of all ages

LIMITED AVAILABILITY FOR  
INCREASED ATTENTION!



#### Class Times:

- Tuesday & Wednesday
- 8:00-10:00am
  - Advanced 7<sup>th</sup>-12<sup>th</sup> Grade
- 10:00am-12:00pm
  - 3<sup>rd</sup>-8<sup>th</sup> Grade
- 1:00-3:00
  - 3<sup>rd</sup> – 8<sup>th</sup> Grade

#### Dates:

- 11/21-11/22
- Price: Daily - \$50/day
- 2 Day - \$45/day
- @RedLine Athletics
- RedLine Members get \$10 off per day.

**Train like a pro, with the pros.™**

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