



2017 SEASON WARM - UP SKILLS PRACTICES WITH LINCOLNHIRE SPORTSASSN

FACILITY – Half Day School – 239 Olde Half Day Rd. - Lincolnshire

<u>DAY OF WEEK</u>	<u>GRADE LEVEL</u>	<u>TIME</u>
THURSDAY	1 ST -3 ND Grade Rookie Practice	7:00-8:00 PM
THURSDAY	3 rd -5 th Grade Advanced Skills	7:00-8:00PM

PLAYERS WILL BE BROKEN INTO AGE APPROPRIATE GROUPS

DATES: SEPTEMBER 28, OCTOBER 5, 12, 19, 26, NOVEMBER 2

PRACTICE COST: \$95

(Can pay online at www.playhardhoops.com by going to sign up store)



PRACTICE DESCRIPTIONS:

ROOKIE DEVELOPMENT 1ST-2RD GRADE: This practice will break kids into age and skill appropriate groups while working on ball handling, passing, shooting, lay-ups, and defense. The class will also focus on teaching the rules of the game and a greater understanding of basketball strategy while providing a fun and safe environment for kids of all ages and ability.

ADVANCED SKILLS 3RD - 5th GRADE: This practice will focus on skill improvement in ball handling, passing, shooting, footwork and individual scoring moves. It will be run very much like a practice that will also incorporate the necessary skills into game situation drills. The class will also finish with controlled game play where continuous instruction will be given in efforts to improve the individual in game situations.

For More Info: CoachA@playhardhoops.com 847-420-8115